

Prescription *Music* Family Program

Music – A Universal Force

Whether it's the thundering passion of a hundred drummers at an ancient ceremonial rite or the powerful performance of a solo artist on a modern day stage, music is integral to life and universal to the human experience.

Music as Teacher

Music in fact predates formalized language. Chants, birdcalls and primitive musical instruments fostered socialization, information sharing and bonding ultimately laying the foundations for early civilization.

Rhythms of Life

What is even more remarkable is the effect “music” has on humans prior to birth. Scientists confirm that babies in the womb respond to the rhythms of their mother's heartbeat. Is it any wonder that parents of every generation instinctively rocking and singing to their newborns in an effort to calm and comfort them mimic the baby's pre-birth environment?

Music in Communities

In communities, throughout history, music and singing played an important role in everyday life. Songs were sung to greet the morning, at work and throughout the day. Music helped to instruct the young, tell stories, worship and explain the unexplainable. Group singing insured that everyone participated and was brought together in common bonds of friendship and community.

Power of Music

Music is powerful in its ability to comfort, inspire and teach. Throughout history, the “language” of music has extolled what we value, defined who we are, forged universal truths, and entertained. Whether a child's lullaby or the impassioned song of Civil Rights activists, music transcends the human experience.

Prescription Music

Our program, which is designed for children of all ages and their families is especially timely given the mixed messages and information overload children are sometimes subjected to today. The goal is to provide children with a unifying message; freedom, values of perseverance, integrity, generosity and hard work and instilling unity, confidence and pride.

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